

The Value Of Private Duty Home Care

Home care, also known as private duty care or private duty home care, is an increasingly popular choice for individuals who want to age in place. When you learn about all the ways home care can help, it's easy to see why. Here's a look at what home care can do.

» **ELIMINATE SOCIAL ISOLATION**

Social isolation is one of the biggest threats to an aging senior's wellbeing. Having a trained caregiver visit your loved one helps keep them mentally, emotionally, and socially engaged.

» **MANAGE "RED FLAGS"**

Home care gives families a set of eyes and ears when you can't be there to ensure that any changes in health conditions or moods are acknowledged and addressed quickly.

» **MAINTAIN COMMUNITY MOBILITY**

Your loved one can still travel around the community—safely—to visit church, social events, or the hair salon.

» **ENSURE HEALTHY HABITS**

Good hygiene and well-balanced nutrition need not fall by the wayside. Trained caregivers assist with meal preparation, hygiene, and even light housekeeping.

» **IMPROVE HEALTHCARE COMPLIANCE**

From medication reminders to using a walker to keeping doctor's appointments, home care helps your loved one follow through on recommendations from their healthcare providers.

» **REDUCE RISK OF ACCIDENT AND INJURY**

Falls don't just result in broken bones. Often they lead to more falls and an irreversible decline in health. When a caregiver is on hand to help with transfers, the risk of a fall is greatly reduced.

» **POSTPONE COSTLY INSTITUTIONALIZATION**

Home care provides many of the same benefits as an institution while preserving your loved one's wishes to remain in the home—often at a fraction of the cost.

Find out how Ovation Home Care can create a customized suite of services to help provide just the right level of care for your loved one when you call us at 351.441.9441 and speak with one of our care advisors.